

Sexual abuse is common in our society. Empowering athletes, coaches, officials, and board members through education is one tool to help eradicate sexual misconduct from sporting communities. Learn more from some of these leading organizations.

- **RAINN**, America's largest anti-sexual violence organization, has the most current and comprehensive information about **recovering from sexual abuse**, the **grooming** process, statistics, personal stories from survivors, and **tips** for having supportive and non-judgmental conversations with survivors of sexual assault. Their **Safety and Prevention** page has information and resources about what consent is, safety tips for students, how to respond if someone pressures you for sexual activity, and more.
- National Sexual Violence Resource Center (NSVRC) has excellent resources for both **Survivors** and their **Friends & Family**. They include information to help understand sexual assault, as well as what you can do to help others as part of your own healing.
- **Male Survivor** is a website for male survivors of sexual abuse, offering support, community, and learning opportunities.
- **1 in 6** is an organization that provides support for male survivors of sexual abuse, offering weekly on-line support groups, stories by survivors, myths vs. facts, book and film recommendations, and resources for family and friends.

Every U.S. state and territory has a sexual assault coalition that can help you find your local sexual violence resource center. Sexual violence resource centers typically provide individual counseling, support groups, advocacy, legal assistance, hospital or court accompaniment, and other types support to victim-survivors of sexual abuse. These services are usually free of charge.

- **Alabama Coalition Against Rape** - 334-264-0123
- **Alaska Network on Domestic Violence and Sexual Assault** - 800-520-2666
- **American Samoa Alliance Against Domestic and Sexual Violence** - 699-0272
- **Arizona Coalition to End Sexual and Domestic Violence** - 800-782-6400
- **Arkansas Coalition Against Sexual Assault** - 501-246-3276
- **California: ValorUS** - 916-446-2520
- **Colorado Coalition Against Sexual Assault** - 303-839-9999
- **Connecticut Alliance to End Sexual Violence** - 888-999-5545
- **DC Coalition to End Sexual Violence** - 202-299-1181

- [Delaware ContactLifeline / Sexual Assault Network](#) – 800-262-9800
- [Florida Council Against Sexual Violence](#) – 850-297-2000
- [Georgia Network to End Sexual Assault](#) – 404-815-5261
- [Guam Coalition Against Sexual Assault & Family Violence](#) – 671-477-5552
- [Hawaii Coalition Against Sexual Assault](#) – 808-533-1637
- [Idaho Coalition Against Sexual and Domestic Violence](#) – 888-293-6118
- [Illinois Coalition Against Sexual Assault](#) – 217-753-4117
- [Indiana Coalition to End Sexual Assault & Human Trafficking](#) – 317-624-2370
- [Iowa Coalition Against Sexual Assault](#) – 515-244-7424
- [Kansas Coalition Against Sexual & Domestic Violence](#) – 888-363-2287
- [Kentucky Association of Sexual Assault Programs](#) – 502-226-2704
- [Louisiana Foundation Against Sexual Assault](#) – 225-372-8995
- [Maine Coalition Against Sexual Assault](#) – 800-871-7741
- [Maryland Coalition Against Sexual Assault](#) – 301-328-7023
- [Massachusetts Coalition Against Sexual Assault and Domestic Violence](#) – 877-785-2020
- [Michigan Coalition to End Domestic & Sexual Violence](#) – 855-864-2374
- [Minnesota Coalition Against Sexual Assault](#) – 651-209-9993
- [Mississippi Coalition Against Sexual Assault](#) – 888-987-9011
- [Missouri Coalition Against Domestic and Sexual Violence](#) – 573-634-4161
- [Montana Coalition Against Domestic and Sexual Violence](#) – 888-404-7794
- [Nebraska Coalition to End Sexual and Domestic Violence](#) – 402-476-6256
- [Nevada Coalition to End Domestic and Sexual Violence](#) – 800-230-1955
- [New Hampshire Coalition Against Domestic & Sexual Violence](#) – 866-644-3574
- [New Jersey Coalition Against Sexual Assault](#) – 800-601-7200
- [New Mexico Coalition of Sexual Assault Programs](#) – 888-883-8020

- [New York State Coalition Against Sexual Assault](#) – 800-942-6906
- [N. Carolina Coalition Against Sexual Assault](#) – 919-871-1015
- [N. Dakota Council on Abused Women's Services](#) – 888-255-6240
- [Northern Marianas Coalition Against Domestic and Sexual Violence](#) – 670-234-3878
- [Ohio Alliance to End Sexual Violence](#) – 888-886-8388
- [Oklahoma Coalition Against Domestic Violence and Sexual Assault](#) – 800-522-7233
- [Oregon Coalition Against Domestic and Sexual Violence](#) – 503-230-1951
- [Pennsylvania Coalition Against Rape](#) – 800-692-7445
- [Puerto Rico: Paz Para Las Mujeres](#) – 787-281-7579
- [Rhode Island: Day One](#) – 800-494-8100
- [S. Carolina Coalition Against Domestic Violence and Sexual Assault](#) – 800-260-9293
- [S. Dakota Coalition Ending Domestic and Sexual Violence](#) – 800-572-9196
- [Tennessee Coalition to End Domestic and Sexual Violence](#) – 800-289-9018
- [Texas Association Against Sexual Assault](#) – 512-474-7190
- [Utah Coalition Against Sexual Assault](#) – 888-421-1100
- [Vermont Network Against Domestic and Sexual Violence](#) – 800-489-7273
- [Virgin Islands Domestic Violence and Sexual Assault Council](#) – 340-719-0144
- [Virginia Sexual and Domestic Violence Action Alliance](#) – 800-838-8238
- [Washington Coalition of Sexual Assault Programs](#) – 800-775-8013
- [W. Virginia Foundation for Rape Information and Services](#) – 304-241-1802
- [Wisconsin Coalition Against Sexual Assault](#) – 608-257-1516
- [Wyoming Coalition Against Domestic Violence and Sexual Assault](#) – 844-264-8080