

Tips for Parents: Questions to Ask Your Child's Coach

Start a dialogue with your child's coach before the season starts to help ensure a supportive, positive experience.

- 1. How did you get involved with coaching?
- 2. How long have you been coaching?
- 3. Do you coach other sports?
- 4. Do you coach multiple genders and ages?
- 5. Did you play this sport as a youth?
- 6. Do you have a child on this team?
- 7. What are your goals for the team?
- 8. Do you encourage participation in more than one sport?
- 9. What coaching education courses have you taken and/or what are your coaching certifications?
- 10. What kind of training do you have in physical safety (e.g., training/over-training, nutrition and hydration or concussions)?
- 11. What kind of training have you taken concerning positive coaching techniques?
- 12. What is your policy concerning bullying, harassment and hazing and how do you communicate your expectations about how athletes treat one another?
- 13. Have you taken training to help you recognize, reduce and respond to misconduct in sport, including child sexual abuse?
- 14. How do you handle suspicions or allegations of misconduct, including child sexual abuse?
- 15. What is your policy for reporting policy violations, misconduct and suspicions and allegations of child sexual abuse?
- 16. Why did you leave the last club where you coached?