POLICY REQUIREMENTS

1 | Must follow ALL aspects of the One-on-One Interactions Policy
   - Observable
   - Interruptible

2 | Advanced written consent is required from a parent/guardian annually for all In-Program individual training sessions.
   - Consent can be withdrawn at any time.

3 | Parents/guardians must be allowed to observe the training session.

4 | Meetings with licensed mental health care professionals or health care providers (not including athletic trainers) do not have to be observable and interruptible if:
   - The door remains unlocked.
   - Another adult is present in the facility and aware of the meeting.
   - The Organization is aware of the meeting.
   - Provider must obtain consent from the parent/guardian per applicable laws and ethical standards.

POLICY APPLICATION

• Policy applies to all In-Program training sessions and meetings.
• Requirements for meetings with a licensed mental health care professional or health care provider apply at sanctioned events and facilities partially or fully under the Organization's jurisdiction.

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**POLICY EXCEPTIONS**

If one of the following exceptions exists with appropriate consent, In-Program transportation is not required to follow the One-on-One Interactions policy.

1. **Emergency**

2. **Dual Relationship** – The Adult Participant has an existing relationship with Minor Athlete outside of the sport program.

3. **Close-in-Age** – The Adult Participant has no authority over the Minor Athlete and is not more than 4 years older than the Minor Athlete.

4. **Personal Care Assistant** – The Adult Participant is a Personal Care Assistant and has met all the requirements.

**COMMON QUESTIONS**

Can an individual training session be observable but not interruptible as long as a parent/guardian provides consent?

**A:** No. Individual training sessions must ALWAYS be observable and interruptible unless one of the exceptions exists. Parent/guardian consent is required annually for ALL training sessions.

Is advanced written consent required for a coach to provide individual instruction during practice sessions or competitions?

**A:** No. Individual instruction during a practice with other Minor Athletes present does not require consent. The instruction must still follow the One-on-One Interactions Policy.