EDUCATIONAL RESOURCES FOR PARENTS AND CAREGIVERS

U.S. CENTER FOR SAFESPORT

There are fantastic organizations that produce resources for parents and caregivers to know how to address body safety, talk about sexual development, and set healthy boundaries with children. Learn how to have these conversations with children of all ages.

- **Stop It Now!** is a great organization for parents to be educated on how best to speak to their children about body safety, signs of child sexual abuse, age-appropriate sexual behavior, and much more. **This page** will help you understand normal sexual development at various ages, and **this page** discusses how to speak to your child/teen about their sexual development and safety.
- **Early Often Open** has fantastic resources and videos in English and Spanish for understanding child sexual abuse, normal sexual development in children, ways that children may indirectly disclose abuse to you, and tips for asking them questions if you suspect abuse.
- The National Child Traumatic Stress Network has helpful fact sheets for both **teens** and **parents of teens** regarding teen sexual assault, from definitions and statistics to healthy dating habits and what to do if you experience sexual assault. They also provide information about **why teens often don't disclose** and how to respond if someone discloses sexual abuse to you.
- Boys Town provides information for parents about what **grooming** is, the typical stages a predator goes through, and what to do if you suspect your child is being groomed.
- Bark has a great article for parents wanting to learn how **online sexual predators groom** children for abuse and how to ensure their kids stay safe while on-line.
- National Children's Alliance has information and guidance for parents whose child may be exhibiting **problematic sexual behaviors.**